



# Community News

Inside this issue:

<i>Dua of the month</i>	1
<i>Upcoming Events</i>	2
<i>Community News</i>	2
<i>Pearls of Wisdom</i>	2
<i>AMA Activities</i>	3
<i>Salah timetable</i>	4

## Importance of Time in the Life of the Muslim

Adapted from an article featured on Islamweb.net.

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Everything, when lost, can be regained, except time. If it is lost, there is no hope to regain it. That is why time is the most precious thing that can ever be possessed in this life.

Islam is a religion that acknowledges the importance of time and appreciates its seriousness. Allah Almighty says:

إِنَّ فِي اخْتِلَافِ اللَّيْلِ وَالنَّهَارِ وَمَا خَلَقَ  
اللَّهُ فِي السَّمَوَاتِ وَالْأَرْضِ لآيَاتٍ لِّقَوْمٍ  
يَتَّقُونَ

Indeed, in the alternation of the night and the day and [in] what Allah has created in the heavens and the earth are signs for a people who fear Allah. [Yunus, 10: 6]

Islam distributed its great acts of worship over the parts of the day and the seasons of the year to form an accurate, precise system that organizes the Islamic life and measures it with minutes, from the rise of dawn till sunset. Allah Almighty says:

فَسُبْحَانَ اللَّهِ حِينَ تُمْسُونَ وَحِينَ  
تُصْبِحُونَ ﴿١﴾  
وَلَهُ الْحَمْدُ فِي السَّمَوَاتِ وَالْأَرْضِ

## Dua of the Month

Shakal bin Humaid (May Allah be pleased with him) reported:

I asked: "O Messenger of Allah, teach me a prayer." He

وَعَشِيًّا وَحِينَ تَنْظَهُرُونَ

So exalted Is Allah when you reach the evening and when you reach the morning. And to Him is [due all] praise throughout the heavens and the earth. And [exalted Is He] at night and when you are at noon. [Ar-Rum, 30: 17-18]

Man's lifespan is his huge capital about which he will be asked on the Day of Judgment. He will be asked about how he spent it and how he dealt with it. It was narrated in Jami' At-Tirmithi that the Prophet (pbuh) said: "The feet of a slave will not move on the Day of Judgment until he has been questioned about four things: his life – how he spent it; his youth – how he consumed it; his wealth – from where he earned it and how he spent it; and his knowledge – how he acted upon it."

Time has characteristics that are specific to it. They include the following:

1. **Its quick passage:** Time passes like the clouds. No matter how long man lives in this life, his life is short, as death is the end of every living creature. When Nooh (as)

was asked: "O the longest living prophet, how did you find this world?" He said: "It is like a house that has two doors. I entered from one of them and got out through the other." This is what the Quran expressed, by mentioning one's regarding of his lifespan as short, upon death and on the day of Judgment. Allah Almighty says:

كَأَنَّهُمْ يَوْمَ يَرَوْنَهَا لَمْ يَلْبَثُوا إِلَّا عَشِيَّةً  
أَوْ ضُحًى

It will be, on the Day they see it, as though they had not remained [in the world] except for an afternoon or a morning thereof. [An-Nazi'at, 79: 46]

2. **Whatever goes by thereof does not return and cannot be compensated for:** every day, hour, or moment that passes cannot be regained and thus cannot be compensated for. This meaning was expressed by Al-Hasan Al-Basri (ra) when he said: "Every day calls, saying: 'O son of Adam, I am a new creation and I am a witness on your deeds, so take provisions from me for if I pass, I do not return until the Day of Judgment.'"

Continued on p3.....

اللهم إني أعوذ بك من  
شر سمعي، ومن شر  
بصري، ومن شر  
لساني، ومن شر قلبي،  
ومن شر مني

(ﷺ) said, "Say: Allahumma inni a'udhu bika min sharri sam'i, wa min sharri basari, wa min sharri lisani, wa min sharri qalbi, wa min sharri maniyyi (O Allah! I seek refuge in You

from the evils of my hearing, the evils of my seeing, the evils of my tongue; the evils of my heart and the evils of my passions)."



## Upcoming Events

### **FEBRUARY FAMILY TALK SAT 1ST FEB 7:00PM**

by Shaykh Abd'al Hakim Murad from Cambridge.

### **AIG ANNUAL SHARED MEAL SAT 15TH FEB 7:00PM**

Guest speaker: GhanshyamNabar (member of the Hindu Community)

Altrincham Grammar School for Boys: Marlborough Road, Altrincham WA14 2RS

Adults £10, Seniors/unwaged £8, Children 5+ £5, Family £25

Tickets from your AIG representative

#### **Save the dates:**

**Feeding the Homeless 9th Feb & Family Quiz Night 22nd Feb**

Further details please follow insta @ahmaevents



## Community News

### **EVENT: MIND, BODY, SOUL**

Event: Mind, Body, Soul - Thank you to all that attended and especially to the volunteers from Friday nights Girls group, We raised an amazing £2007 for the Spot Project.

### **ALTRINCHAM GRAMMAR SCHOOL FOR GIRLS- CHARITY WEEK**

Altrincham Grammar School for Girls were part of over 200 institutions which were taking part in an annual charity week led by Islamic relief.

This year's theme was 'Superheroes' with the tag line 'unite our powers' which acts as a metaphor for the real life heroes struggling against the forces of poverty, injustice and disunity across the world. We can proudly say that AGGS joined the growing movement of fundraising to help many individuals worldwide.

We had an array of fundraising events which took place through the course of one week; On the first day we had an international food sale in which members of Islamic Society brought in food to represent different countries e.g. pizza, rice and curry. On the second day we set up a cake sale in which we had a large selection of cupcakes and biscuits on offer including a cake kindly donated by a restaurant. On the penultimate day, a giant Kahoot quiz game was organised in the main hall in which Everyman Cinema tickets were up for grabs. Finally, the last day consisted of henna designs being tattooed onto students.

All the money raised went towards providing critical healthcare and education in countries such as Niger and Sudan. We had a very successful charity week and are grateful for all the donations received by students.

The total raised, including online donations, was £1285.



## Pearls of Wisdom

1. Science investigates, religion interprets. Science gives man knowledge which is power, religion gives man wisdom which is control.
2. Winners never quit and quitters never win.
3. It is no measure of health to be well adjusted to a profoundly sick society.
4. I don't know the key to success, but the key to failure is trying to please everybody.
5. Try not to be a man of success, but rather try to become a man of values.
6. Failure is a success if we learn from it.
7. No man succeeds without a good woman behind him. Wife or mother, if it is both, he is twice blessed indeed.
8. The most important single ingredient in the formula of success is knowing to get along with people.
9. Let him know who would enjoy a good future, waste none of his present.
10. Men talk about killing time, while time is quietly killing them.



### *Importance of Time in the Life of the Muslim (continued)*

**3. It is the most precious thing that a man can ever own:** the preciousness of time is attributed to the fact that it is the container of all deeds. In fact, it is the real capital of man, whether the individual or the society. Time is not only gold as the common proverb goes, but it is more precious than gold, pearls, and coral. Time is life. Indeed, man's life is nothing but the time that he is given from the day of his birth till the day of his death. Al-Hasan Al-Basri (ra) said: **"O son of Adam, indeed you are nothing but some days...whenever a day perishes a part of you perishes."**

That is why we should be keen on benefiting from time. 'Umar ibn 'Abdul-'Azeez (ra) said: **"Night and day consume you, so consume them."**

Al-Hasan Al-Basri (ra) said: **"I saw a lot of people who were keener on their times than you are on your money."** 'Umar ibn Al-Khattab, may Allah be pleased with him, used to hit his feet with his whip when night came and say to himself: **"What did you do today?"**

From among the blessings in which many people are heedless and ungrateful about, and ignorant of its value, is the blessing of leisure. It is narrated on the authority of Ibn 'Abbas, may Allah be pleased with him, that the Prophet (pbuh) said: **"There are two blessings in which many people incur loss: health and free time."** [Al-Bukhari]

That is why the predecessors used to dislike for a man to be free and not preoccupied by the matter of his religion or

the matter of his worldly life. 'Umar ibn Al-Khattab, may Allah be pleased with him, said: **"I dislike that a man is free and not preoccupied by the matter of his religion or the matter of his worldly life."**

There is no doubt that man loves life and loves to live long, and rather forever, if he can. Long life is considered one of the blessings of Allah Almighty, if one uses it in supporting the truth and doing righteous deeds. At-Tirmithi narrated that the Prophet (pbuh) was asked: "Which among the people is best?" He said: **"The one who lives a long life and does righteous deeds."**

The truth is that the real life of man is not the years that he spends from the day of his birth till the day of his death.

Rather, his real age is determined according to the good deeds recorded for him by Allah Almighty. 'Abdullah ibn Mas'ood, may Allah be pleased with him, said: **"I never regretted something like I regretted a day whose sun has set in which my life decreased and my good deeds did not increase."**

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
وَالْعَصْرِ  
خَسِرٌ  
إِلَّا الَّذِينَ ءَامَنُوا وَعَمِلُوا الصَّالِحَاتِ  
وَتَوَّصَوْا بِالْحَقِّ وَتَوَّصَوْا بِالصَّبْرِ

**By Time. Indeed, mankind is in loss. Except for those who have believed and done righteous deeds, and enjoin on each other truth and enjoin on each other patience.**

## *AHMA Weekly Activities Timetable*

Day	TIME	ACTIVITY
Monday	9:30am-11:30am	Al Noor ladies tafseer class (Urdu)
Monday	10am-1pm	Alhuda Ladies tafseer class (Urdu)
Monday	6:45pm-9:00pm	Ladies keep fit class and Yoga
Tuesday	9:30am to 11:30am	Al Noor ladies tafseer class
Tuesday	6:30pm to 8.30pm	Ladies/Girls Quran tajweed class followed by taekwondo
Tuesday	6:45pm to 8pm	Fique class for All with Dr Munir
Wednesday	9am to 12.30pm	Mother and Toddler group
Wednesday	7pm to 8pm	Quran class for children under 10yr
Thursday	10:30am to 11:30am	Ladies study circle
Thursday	6:30pm to 8pm	Quran memorization classes for children
Thursday	7pm to 8pm	Mens study circle with Br Nasser Kurdy
Friday	5:30pm to 7:30pm	Bayaan Primary Quran/Islamic Studies for children under 11
Friday	8pm to 9:30pm	Girls Youth Club for girls 11+
Friday	8pm to 9pm	Boys Football for boys 11+
Saturday	9am to 12:30pm	Bayann Secondary Quran/Islamic studies for children 11+
Sunday	10am to 1pm	Bayaan Primary Quran/Islamic studies for children under 11yrs

\* For further info about activities and events at the centre please visit the AMA Website [ama-online.org.uk](http://ama-online.org.uk)

In the name of Allah, the Beneficent, the Merciful  
**Altrincham and Hale Muslim Association**  
 Registered Charity Number 1101378

## Prayer Schedule January 2020

Day	Date	Fajr	Fajr Jama'at	Sunrise	Dhuhr	Dhuhr Jama'at	Asr	Asr Jama'at	Maghrib	Isha	Isha Jama'at
Wed	1	6:47	7:00	8:24	12:13	1:30	1:46	1:51	4:01	5:26	8:00
Thu	2	6:47	7:00	8:24	12:14	1:30	1:47	1:52	4:02	5:27	8:00
<b>Fri</b>	<b>3</b>	<b>6:47</b>	<b>7:00</b>	<b>8:24</b>	<b>12:14</b>	<b>1:40</b>	<b>1:48</b>	<b>1:53</b>	<b>4:03</b>	<b>5:28</b>	<b>8:00</b>
Sat	4	6:46	7:00	8:24	12:15	1:30	1:49	1:54	4:05	5:30	8:00
Sun	5	6:46	7:00	8:23	12:15	1:30	1:50	1:55	4:06	5:31	8:00
Mon	6	6:46	7:00	8:23	12:15	1:30	1:51	1:56	4:07	5:32	8:00
Tue	7	6:46	7:00	8:23	12:16	1:30	1:52	1:57	4:09	5:34	8:00
Wed	8	6:45	7:00	8:22	12:16	1:30	1:53	1:58	4:10	5:35	8:00
Thu	9	6:45	7:00	8:21	12:17	1:30	1:54	1:59	4:11	5:36	8:00
<b>Fri</b>	<b>10</b>	<b>6:45</b>	<b>7:00</b>	<b>8:21</b>	<b>12:17</b>	<b>1:40</b>	<b>1:56</b>	<b>2:01</b>	<b>4:13</b>	<b>5:38</b>	<b>8:00</b>
Sat	11	6:44	7:00	8:20	12:18	1:30	1:57	2:02	4:14	5:39	8:00
Sun	12	6:44	7:00	8:19	12:18	1:30	1:58	2:03	4:16	5:41	8:00
Mon	13	6:43	7:00	8:19	12:18	1:30	1:59	2:04	4:17	5:42	8:00
Tue	14	6:42	7:00	8:18	12:19	1:30	2:01	2:06	4:19	5:44	8:00
Wed	15	6:42	7:00	8:17	12:19	1:30	2:02	2:07	4:21	5:46	8:00
Thu	16	6:41	7:00	8:16	12:19	1:30	2:03	2:08	4:22	5:47	8:00
<b>Fri</b>	<b>17</b>	<b>6:40</b>	<b>7:00</b>	<b>8:15</b>	<b>12:20</b>	<b>1:40</b>	<b>2:05</b>	<b>2:10</b>	<b>4:24</b>	<b>5:49</b>	<b>8:00</b>
Sat	18	6:40	7:00	8:14	12:20	1:30	2:06	2:11	4:26	5:51	8:00
Sun	19	6:39	7:00	8:13	12:20	1:30	2:08	2:13	4:28	5:53	8:00
Mon	20	6:38	7:00	8:12	12:21	1:30	2:09	2:14	4:29	5:54	8:00
Tue	21	6:37	7:00	8:10	12:21	1:30	2:11	2:16	4:31	5:56	8:00
Wed	22	6:37	7:00	8:10	12:21	1:30	2:13	2:17	4:31	5:56	8:00
Thu	23	6:35	7:00	8:08	12:22	1:30	2:14	2:19	4:35	6:00	8:00
<b>Fri</b>	<b>24</b>	<b>6:34</b>	<b>7:00</b>	<b>8:07</b>	<b>12:22</b>	<b>1:40</b>	<b>2:15</b>	<b>2:20</b>	<b>4:37</b>	<b>6:02</b>	<b>8:00</b>
Sat	25	6:33	7:00	8:05	12:22	1:30	2:17	2:22	4:38	6:03	8:00
Sun	26	6:32	7:00	8:04	12:22	1:30	2:18	2:23	4:40	6:05	8:00
Mon	27	6:31	7:00	8:02	12:22	1:30	2:20	3:00	4:42	6:07	8:00
Tue	28	6:29	7:00	8:01	12:23	1:30	2:21	3:00	4:44	6:09	8:00
Wed	29	6:28	7:00	7:59	12:23	1:30	2:23	3:00	4:46	6:11	8:00
Thu	30	6:27	7:00	7:58	12:23	1:30	2:24	3:00	4:48	6:13	8:00
<b>Fri</b>	<b>31</b>	<b>6:25</b>	<b>7:00</b>	<b>7:56</b>	<b>12:23</b>	<b>1:40</b>	<b>2:26</b>	<b>3:00</b>	<b>4:50</b>	<b>6:15</b>	<b>8:00</b>
<b>Jumma Khutba will start at 1:00pm</b>											