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Covid-19 pandemic

بسم الله الرحمن الرحيم
السلام عليكم ورحمة
الله وبركاته

Dear brothers and sisters,
Assalamu Aleikum wa Rah-
matul-Llahi wa Barakatuhu

The main story for this edition of the NL will focus primarily on the Covid-19 pandemic. As you are already aware, the majority of faith institutions have been asked to close their doors to their congregations in an attempt to halt the spread of the virus and to protect our elderly and vulnerable brothers and sisters from contracting this dreadful infection. As we have already witnessed from the rest of the world, this virus has the potential to spread with close human contact. It has also proved to be a potent pathogen causing severe and serious respiratory distress. Sadly, and in a number of patients, such an infection has proved fatal. As a faith community, we are faced with a number of challenges that include the following:

Strengthening our Iman: As Muslims, our Iman and our Faith is inherently linked to our "Masjid". In our very busy lives, for many, Jumu'a prayers is probably the only

chance to get a spiritual uplift from one week to the other. Our inability to attend the Masjid and worship Allah swt as a congregation will cause us distress and anguish. Alhamdulillah, the majority of the Islamic centres in the UK are rising up to this challenge and are using social media to bridge some of this gap. Alhamdulillah, we have managed to set up the community WhatsApp groups to keep our community connected and informed. There will be regular input from our Imams with a particular broadcast on Fridays.

Ramadan: Sadly, it does not seem that the current nationwide restriction on public gatherings will be lifted by Ramadan. There will therefore be no Iftar at the Masjid and no Taraweeh or Tahajud prayers. It also looks very unlikely the P'tiqaf will be possible. In keeping with previous experience, study circles tend to increase during Ramadan for reminders, reading and memorising the Qura'n. This is an opportunity for us to develop our "social media" abilities and start using well established applications to facilitate such activities remotely. The timing for the start of Ramadan and Eid based on Moon-sight.com have been included

in this NL as has been the custom for the past few years. We will communicate the start of Ramadan through an official announcement to our community groups.

Safety: It is vital during these difficult weeks to keep safe and to take on board advice on how to protect ourselves and others from the spread of this virus. There have been a multitude of advice leaflets that most of you have received. For this NL, we are simply including the advice from the MCB. It is simple and in keeping with what many of you are already doing. The positive effect of hand hygiene cannot be overstressed and the overwhelming message is to stay at home



Continued on p3.....

اللهم اني أعوذ بك
من البرص
والجنون، والجذام،
وسوء الأسقام

Dua of the Month

Anas (May Allah be pleased with him) reported:

The Prophet (ﷺ) used to

supplicate: "Allahumma inni a'udhu bika minal-barasi, wal-jununi, wal-judhami, wa say-i'il-asqami' (O Allah! I seek

refuge in You from leucoderma, insanity, leprosy and evil diseases)." [Abu Dawud].



All Events On Hold

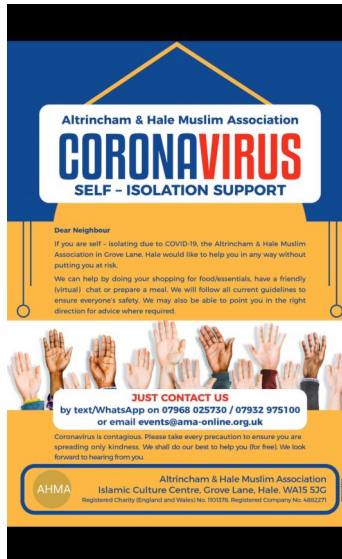
CORONA VIRUS PANDEMIC.

Following an emergency trustees meeting on the evening of Thursday 12th March 2020, it has been agreed that ALL activities at the centre will cease as from the morning of Sunday 15th March 2020 for an initial period of two weeks. This will include all daily prayer gatherings and Jum'a congregation. The last activity at the centre will be Isha prayers on Saturday night 14th March 2020. The Trustees regret that this action is deemed necessary in view of the current pandemic. The situation will be reviewed pending national guidance on activities at places of worship. Wa Alaikum salaam Wa Rahmatu-llahi wa barakatuhu.

Community News

CORONAVIRUS - SELF ISOLATION SUPPORT

The AhMA have set up a support group to help our neighbours and community in these most extraordinary times. Volunteers and the boys from AGBS distributed over 4000 leaflets in Hale, Hale barns, Altrincham and Timperley. We are planning to do a food delivery to many households in the coming few weeks working with a few local restaurants. We shall need more volunteers for that. Please contact us if you can help.



Pearls of Wisdom

Ayahs of the Day:

No! When the earth has been levelled - pounded and crushed - And your Lord has come and the angels, rank upon rank,

And brought [within view], that Day, is Hell - that Day, man will remember, but what good to him will be the remembrance?

He will say, "Oh, I wish I had sent ahead [some good] for my life."

So on that Day, none will punish [as severely] as His punishment,

And none will bind [as severely] as His binding [of the evil-doers].

[To the righteous it will be said], "O reassured soul,

Return to your Lord, well-pleased and pleasing [to Him],

And enter among My [righteous] servants

And enter My Paradise." [89: 21 to 30]

Hadith of the Day:

If you were to rely on Allah as

He should be relied on, He would provide for you as He provides for the birds. They go out early in the morning hungry and return in the evening full. [Tirmidhi]

Wise Quote of the Day:

It's about you, your Lord and the grave, nothing else matters. [Shaykh Nuh Keller]

Guidance of the Day:

Appreciate your in-laws! For many people, in-laws present quite a personal challenge, to say the least. And even if you like your in-laws, you do have to make certain sacrifices simply because of the nature of marriage. You will, for example, have to make trade-offs as to where you spend holidays. You will also have to deal with the almost unavoidable problems of conflicting backgrounds and upbringings -- different religious philosophies, differing views on parenting, discipline, spending, saving, the relative importance of spending time with family, and so forth.

Yet, despite the probable differences among you, I believe

that most in-law relationships have the potential to be loving and filled with mutual respect. The trick to making the most of your relationship with your in-laws is to stay focused on gratitude. While there almost certainly will be differences you will have to deal with, gratitude will enable you to appreciate, rather than struggle against, those differences. [Carlson, Don't Sweat the Small Stuff -- with your family]

Food for Thought:

It is preoccupation with possessions, more than anything else, that prevents us from living freely and nobly. But how many of these things truly have value, and how many are simply objects we have accumulated? If you were on the Titanic and had a life preserver in one hand and a bag of gold in the other, would you sink rather than let go of the gold? Let go of what is pulling you under or draining your energy so that you can keep your head above water.



Covid-19 pandemic - continued from p1

Volunteering and reaching out: As more and more people self-isolate there will be a growing need for supporting the needy in our community and the wider locality. We have been involved with Trafford Council to help organise and deliver the needed help. An announcement has been sent out on the WhatsApp group already (see below). This is our opportunity as a Muslim community to put our faith into practice especially as we are now in the month of Sha'ban and Ramadan is just around the corner.

Altrincham & Hale Muslim Association

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
السلام عليكم ورحمة الله وبركاته

Assalamu-Alaikum brothers and sisters

It is with the mercy of Allah swt that in these difficult times we all have the opportunity to reach out and help those in their hour of need.

The AHMA is collaborating with Trafford Council to deliver services in the Trafford area. In this we are asking for volunteers to help with administration duties, packing food parcels, delivery of food parcels etc.

If you are able to spare a few hours please contact --

Sr Shahyda 07932 975 100
Dr Iqbal 07779 318 780

Can you please supply the following details:

- 1) Name
- 2) Areas you could cover in Trafford
- 3) Do you have a current DBS
- 4) If you are able to drive
- 5) Any specific skills you have
- 6) Time slot am/pm

JAK

Altrincham & Hale Muslim Association, Islamic Culture Centre, Grove Lane, Hale, WALSLEY
Registered Charity (England and Wales) No. 1101076. Registered Company No. 68827

Medical Advice: Alhamdulillah, we have formed a medical advisory group with the task of filtering and passing on genuine and authentic medical advice regarding the current pandemic. We are aware that there has been a plethora of messages and videos about this pandemic. Some have suggested various cures, including potential scientific evidence for some. The medical group on board will only post on the WhatsApp group information that has been reviewed and agreed as genuine and valid.

Losing a loved one: The next few weeks may well see an unprecedented loss of life especially of the elderly and the medically vulnerable within our communities. There has been some concern regarding the process regarding what will happen in such an

eventuality. We have posted a number of messages on the WhatsApp group regarding this particular matter. There is no doubt that should a loved one pass away as a result of this disease, the processes following death will be very different. The differences are based solely on the fact that the cause of death is a "contagious" disease and there needs to be very stringent measures to stop the disease from spreading. During the period of illness, patients with Covid-19 will be isolated on specific wards in the hospital and NO visitors are allowed. Close family members will not be able to be present during the final hours of their loved ones. Trusts are working on using remote connection to alleviate some of these problems but in the current crisis, this may not be a priority. It is also likely that close contacts of the deceased would have been in self-isolation as well and may not be able to attend the Janazah. Sister Saima has attended a number of meetings regarding this matter and Alhamdulillah, this crisis has managed to get many Mosques joining hands and efforts to alleviate the suffering of our communities. There will be more information regarding this particular issue. We have included the following poster for information.

Dear brothers and sisters, as

COVID-19
MANCHESTER MUSLIM BURIAL CONTACTS

We will explain and support you through this difficult time and answer any questions you may have about the funeral process.

Should your loved one pass away due to COVID-19, please contact one of the following:

QADIR CHIRAN 07804082748
(Manchester Central Mosque)

KHALIL HUSSAIN 07805550181
(Darululoom Islamic)

ATIF HAMID 07801450225
(City Jamia Masjid)

ABDUL HUY MALEK 07972222897
(Manchester Muslims Burial Trust)

ASHRAF TIMOL 07779400634
(Manchester Muslims Burial Trust)

COVERING:
Manchester - Stockport - Trafford - Salford and surrounding areas.

we struggle through this un-

precedented crisis, we ask Allah swt to protect us, our families, our communities and humanity at large. We ask Allah swt to increase us in Iman and to guide us and humanity onto His path. We ask Allah swt to give us the patience, the strength and the resolve to navigate safely through this crisis. We ask Allah swt to protect and guide the doctors, the nurses and all the medical health staff and all those who are working tirelessly to protect us and our communities. We ask Allah swt to accept all our deeds and to guide us to increase our deeds at this moment of need. We ask Allah swt to ease our suffering and the suffering of others and to lift this difficulty from us.

Ameen

As a Muslim community, we believe that this trial will get us closer to Allah swt through our "Sabr" and our Dua's and through our actions and our deeds. As a Muslim community, we are comforted by the knowledge that the deceased are considered as martyrs.

CAN YOU HELP?

We are planning to do a food delivery to many households in the coming few weeks working with a few local restaurants. We shall need more volunteers for that. Please contact us if you can help.

وَلَنَبْلُوَنَّكُمْ بِشَيْءٍ مِّنَ الْخَوْفِ وَالْجُوعِ وَنَقْصٍ مِّنَ الْأَمْوَالِ وَالْأَنْفُسِ وَالثَّمَرَاتِ وَبَشِّرِ الصَّابِرِينَ الَّذِينَ إِذَا أَصَابَتْهُمُ مُصِيبَةٌ قَالُوا إِنَّا لِلَّهِ وَإِنَّا إِلَيْهِ رَاغِبُونَ ﴿١٥٦﴾ أُولَٰئِكَ عَلَيْهِمْ صَلَوَاتٌ مِّن رَّبِّهِمْ وَرَحْمَةٌ وَأُولَٰئِكَ هُمُ الْمُهْتَدُونَ

And We will surely test you with something of fear, of hunger and of loss of wealth and lives and fruits, but give glad tidings to those who are patient,

Those who, when afflicted by a calamity say; "Indeed we belong to Allah, and indeed to Him we will return."

Those are the ones upon whom are blessings and mercy from their Lord. And it is those who are the [rightly] guided.

[Surat Al-Baqarah 155 - 157]

Altrincham & Hale Muslim Association

CORONAVIRUS

SELF - ISOLATION SUPPORT

Dear Neighbour

If you are self - isolating due to COVID-19, the Altrincham & Hale Muslim Association in Grove Lane, Hale would like to help you in any way without putting you at risk.

We can help by doing your shopping for food/essentials, have a friendly (virtual) chat or prepare a meal. We will follow all current guidelines to ensure everyone's safety. We may also be able to point you in the right direction for advice where required.



JUST CONTACT US

**by text/WhatsApp on 07968 025730 / 07932 975100
or email events@ama-online.org.uk**

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. We shall do our best to help you (for free). We look forward to hearing from you.

AHMA

Altrincham & Hale Muslim Association
Islamic Culture Centre, Grove Lane, Hale. WA15 8JC
Registered Charity (England and Wales) No. 1101378. Registered Company No. 4882271



Altrincham & Hale Muslim Association

بسم الله الرحمن الرحيم
السلام عليكم ورحمة الله وبركاته

Assalamu-Aleikum brothers and sisters

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JAK

COVID-19 Toolkit for Muslim Communities (25 March)

Stay At Home → Keep Connected → Support

Public health advice is now that all **places of worship** in the UK must temporarily close. Individuals must stay at home as far as possible, avoid **"non-essential"** social contact and **"unnecessary"** travel, as well as gatherings of **more than two people** and keep **2m apart** in public. Cases of Muslim community members dying for COVID-19 are sadly increasing.

Download this toolkit in full at bit.ly/COVID-toolkit2 (PDF) | Keep updated at bit.ly/covidwhatsapp6

Muslim communities can **ACT NOW** by:

- 1. Stay At Home** – if you haven't already, everybody must suspend/postpone congregational activities, be it social (e.g weddings) or educational/religious (e.g mosque, madrasas etc)
- 2. Keeping Connected** – regularly keep connected with your community via alternative means, including through Social Media/WhatsApp, volunteer phone calls or drop offs/collections etc.
- 3. Supporting** – transform our institutions and mosques into hubs for mobilising volunteers to support the socially vulnerable and isolated, whilst maintaining social distancing.

Communicate Plans

- Announce your institutions plans to your community
- Use WhatsApp broadcasts, social media, letters or notices to inform your community about alternative services



Keep Connected

- Set-up WhatsApp broadcasts /broadcast channel
- Form a core volunteers group
- Focus on online fundraising platforms
- Set-up online/video-based services



Volunteer / Donate

- Support a local volunteer scheme: bit.ly/covidvolunteers
- Be an NHS Volunteer Responder
- If you are unable to physically help your self, donate funds to initiatives that can!



Be Considerate

- Avoid hoarding/panic-buying
- If you own a business, keep your prices realistic
- Don't share fake news until you verify it
- "Wish for your brother what you wish for yourself!"



Deep Clean / Hygiene

- Whilst you suspend services, arrange for a deep clean
- Focus on surfaces regularly touched, carpets and kitchens
- Download Toolkit for full checklist!



Tips During Self-Isolation

- It's a great time to be more productive/grow spiritually
- Start fasting, spend 30 min/day reading Quran or start an online course!
- Download Toolkit for full list of ideas!



FAQs: Muslim Burials

- Be aware of funeral guidelines for those sadly passing away from COVID19. Visit mcb.org.uk/burialfaq



FAQs: Financial Support

- Know what Government support you are eligible to apply for
- Visit www.gov.uk for more info



An editable version of this poster is available where you can add your own logo here. Download at: bit.ly/COVID-toolkit-edit2

"And We will surely test you with something of fear and hunger and a loss of wealth and lives and fruits, but give good tidings to the patient." (Quran, 2:155, Sahih International)
Let us not forget the deeply spiritual reminders this pandemic brings, unite, pull together and leave nobody behind.

Download this toolkit in full at bit.ly/COVID-toolkit2 (PDF)
Latest guidance: www.mcb.org.uk/coronavirus or email covid@mcb.org.uk

Collated by:

M C B
The Muslim Council of Britain

COVID-19

MANCHESTER MUSLIM BURIAL CONTACTS

Should your loved one pass away due to COVID-19, please contact one of the following:

QADIR CHOHAN 07904092748
(Manchester Central Mosque)

KHALIL HUSSAIN 07815561818
(Darululoom Islamia)

ATIF HAMID 07951445025
(City Jamia Masjid)

ABDUL HUY MALEK 07817232267
(Manchester Muslims Burial Trust)

ASHRAF TIMOL 07879490834
(Manchester Muslims Burial Trust)

We will explain and support you through this difficult time and answer any questions you may have about the funeral process.

COVERING

Manchester -
Stockport -
Trafford -
Salford and
surrounding
areas.

Abul-Fadl Al-`Abbas bin `Abdul-Muttalib (ra) reported:

I asked the Messenger of Allah (ﷺ) to teach me a supplication. He (ﷺ) said, "Beg Allah for safety (from all evils in this world and in the Hereafter)." I waited for some days and then I went to him again and asked him: "O Messenger of Allah Teach me to supplicate something from Allah." He said to me, "O Al-`Abbas, the uncle of Messenger of Allah! Beseech Allah to give you safety (Al-`afiyah) in this life and in the Hereafter."

In the name of Allah, the Beneficent, the Merciful
Altrincham & Hale Muslim Association
 Registered Charity Number 1101378

Prayer Schedule April 2020

Day	Date	Fajr	Fajr Jama'at	Sunrise	Dhuhr	Dhuhr Jama'at	Asr	Asr Jama'at	Maghrib	Isha	Isha Jama'at
Wed	1	5:11	5:30	6:41	1:14	1:30	4:46	6:00	7:46	9:11	9:45
Thu	2	5:08	5:30	6:39	1:13	1:30	4:47	6:00	7:48	9:13	9:45
Fri	3	5:05	5:30	6:37	1:13	1:40	4:48	6:00	7:49	9:14	9:45
Sat	4	5:02	5:30	6:34	1:13	2:00	4:49	6:00	7:51	9:16	9:45
Sun	5	5:00	5:30	6:32	1:12	2:00	4:50	6:00	7:53	9:18	9:45
Mon	6	4:57	5:30	6:30	1:12	1:30	4:51	6:00	7:55	9:20	9:45
Tue	7	4:54	5:30	6:27	1:12	1:30	4:52	6:00	7:57	9:22	9:45
Wed	8	4:54	5:30	6:27	1:12	1:30	4:52	6:00	7:57	9:22	9:45
Thu	9	4:48	5:30	6:22	1:11	1:30	4:54	6:00	8:00	9:25	9:45
Fri	10	4:45	5:30	6:20	1:11	1:40	4:55	6:00	8:02	9:27	9:45
Sat	11	4:42	5:30	6:18	1:11	2:00	4:56	6:00	8:04	9:29	9:45
Sun	12	4:40	5:30	6:15	1:10	2:00	4:57	6:00	8:06	9:31	9:45
Mon	13	4:37	5:00	6:13	1:10	1:30	4:58	6:00	8:08	9:33	10:00
Tue	14	4:34	5:00	6:11	1:10	1:30	4:58	6:00	8:09	9:34	10:00
Wed	15	4:31	5:00	6:09	1:10	1:30	4:59	6:00	8:11	9:36	10:00
Thu	16	4:28	5:00	6:06	1:10	1:30	5:00	6:00	8:13	9:38	10:00
Fri	17	4:25	5:00	6:04	1:09	1:40	5:01	6:00	8:15	9:40	10:00
Sat	18	4:22	5:00	6:02	1:09	2:00	5:02	6:00	8:17	9:42	10:00
Sun	19	4:19	5:00	5:59	1:09	2:00	5:03	6:00	8:18	9:43	10:00
Mon	20	4:16	5:00	5:57	1:09	1:30	5:03	6:00	8:20	9:45	10:15
Tue	21	4:13	5:00	5:55	1:08	1:30	5:04	6:00	8:22	9:47	10:15
Wed	22	4:10	5:00	5:55	1:08	1:30	5:04	6:00	8:22	9:47	10:15
Thu	23	4:07	5:00	5:53	1:08	1:30	5:05	6:00	8:24	9:49	10:30
Fri	1st Ramadan?	4:04	4:19	5:48	1:08	1:40	5:07	6:00	8:27	9:52	10:30
	<p>*The first day of Ramadan is likely to be Friday 24th of April. Insha'Allah this will be confirmed as soon as possible. Tarawih will begin the night before at 10:30pm. Ramadan timetable will be available closer to the time.</p> <p><u>NOTE: Tarawih will only take place at the masjid if the current restrictions are lifted. Further details will follow on other Masjid Communication Channels</u></p> <p>Dua when breaking the fast: "Allahumma laka sawmatu wa alaa rizqaka fatartu, dhahab al-dhama' wa abtallat al-urooq wa thabat al-ajar insha-Allah" ("O Allah! For You did I fast and with your bounties did I break the fast. The thirst is gone, the veins are moistened, and the reward has been achieved, insha-Allah")</p>										