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AHMA is looking for a **Senior Administrator/ Manager Governance & Communications** see p3 for details

What is Beautiful Patience?

Article featured in "AboutIslam" Mon 09 September 2019 - 11:00 By Jinan Yousef

Accepting the Plan of the Best Planner

Patience is often mentioned with suffering. When someone is suffering, we say 'be patient', not knowing exactly what that means.

To the recipient of this advice, at best it means for them to bear with their misfortune, and at worst it means they have been abandoned and have nothing but 'patience'.

But patience in Islam is a treasure. Beautiful patience is one without disquietude. It is vast in its meanings. It is a virtue that has been mentioned in the Quran over 90 times. It's an essential characteristic of the Prophets, as God tells us:

And [mention] Ishmael and Idrees and Dhul-Kifl; all were of the patient. And We admitted them into Our mercy. Indeed, they were of the righteous. (21: 85-6)

And the Prophets were anything but complacent. They were anything but meek. They carried the inner strength of certainty and this was manifested in their behaviour. And they are our examples. So

patience cannot simply be one-dimensional. God tells us in the Quran:

And seek help through patience and prayer, and indeed, it is difficult except for the humbly submissive [to Allah] (2: 45)

Patience is our aid and we are told to seek help through it. This necessarily means that patience will get us through an ordeal or a difficulty. It may not be easy, but those who try also have the help of God. So what exactly is patience?

Internal Patience

In the Arabic language, *sabr* means to confine or contain. According to Ibn Al-Qayyim, it is to contain the soul from despondence and anxiety, and to confine the tongue from complaints.

Patience takes different outward forms, which will be discussed in this series in'sha'Allah. But it is an empowering characteristic because its inward form requires steadfastness and perseverance. And this is rooted in certainty and contentment; certainty in the promise of God and contentment with His decree, whatever that may be. And these are guided

by love for God.

A person who loves finds it much easier to be patient and to persevere. This is because he sees everything as coming from God, and if it comes from God, there must be a reason for it. A person who loves wants the Beloved to see him in the best of states, and so he manifests the best of patience.

A person who loves has a good opinion of the Beloved, and understands that in everything is good. And a person who loves has a strong relationship with the Beloved, and so turns to Him for help.

The inward state of patience helps a person deal with misfortune, persist in opposing evil and continue to do good despite the odds. This is why Prophet Muhammad (peace be upon him) tells us:

Whoever persists in being patient, God will make him patient. Nobody can be given a blessing better and greater than patience. (Al-Bukhari)

Its reward is immense and elevates the station of a person. Thus, to have the characteristic of patience, or rather to be characterized as being patient, is a great strength.

Continued on p3.....

Dua of the Month

'Aishah (May Allah be pleased with her) reported:

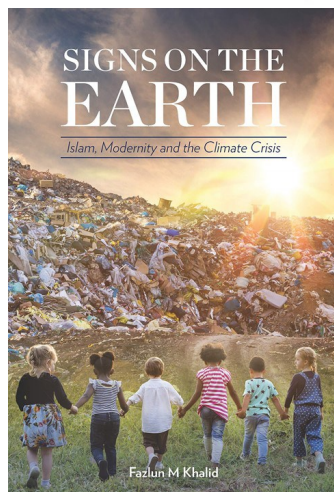
The Prophet (ﷺ) used to supplicate: "Allahumma inni

a'udhu bika min fitnatin-nari, wa 'adhabin-nari, wa min sharri-ghina wal-faqri (O Allah! I seek refuge in You from the trials and the tor-

ment of the Fire and from the evils of wealth and poverty)."

[Abu Dawud and At-Tirmidhi].

اللهم إني أعوذ بك
من فتنة النار،
وعذاب النار، ومن
شر الغنى والفقر



Upcoming Events

SIGNS ON THE EARTH ISLAM, MODERNITY & THE CLIMATE CRISIS

AHMA CULTURAL CENTRE - SAT 2ND NOV : 2 EVENTS BY FAZLUN KHALID

"The single most active 'Islamic' environmentalist alive today". The only Muslim among fifteen world leaders in religious environmentalism, Grist Magazine Sunday Times Britain's top 100 environmentalists : *Copies of the book will be available for purchase*

@ 5PM: AN INTERACTIVE SESSION ON THE CLIMATE CRISIS FOR YOUTH

@ 7PM :TALK FOR EVERYONE - ALL WELCOME

Community News

MACMILLAN COFFEE MORNING

On Thur 26th sept , AHMA Events team led by Sr Gulnar, once again held a coffee morning in the mosque, to raise funds for Macmillan Cancer support.

We had a huge turnout and subanallah in total £700 was raised for this very worthy cause.

Thank you to all to helped and donated

AFTERNOON TEA AT THE MOSQUE.

On Thu 10th Oct, the School Team invited RE and Head Teachers from Trafford Schools to an Afternoon Tea at the mosque. Primary and Secondary School teachers took up the invitation to hear what we have to offer in terms of workshops, lessons and assemblies and to feedback as to how we can be of further assistance in delivering the RE curriculum and promoting respect and cohesion.

We showed our power point and interactive displays as well as taking the teachers on a tour of the mosque. With RE lessons, assemblies and mosque workshops being on offer, these are an excellent opportunity for young people to learn about one another, hear about the Islamic faith from a personal perspective, discuss contemporary issues and hold Question and Answer sessions.

Let's hope that this year brings about fulfilling relationships between our mosque and local schools. Ameen.

Pearls of Wisdom

Ayah of the Day

And when My servants ask you, [O Muhammad], concerning Me - indeed I am near. I respond to the invocation of the supplicant when he calls upon Me. So let them respond to Me [by obedience] and believe in Me that they may be [rightly] guided. (2: 186)

Hadith of the Day

Umar ibn al-Khattab reported: The Messenger of Allah, peace and blessings be upon him, said, "If you were to rely upon Allah with reliance due to him, he would provide for you just as he provides for the

birds. They go out in the morning with empty stomachs and return full."

Source: Sunan al-Tirmidhī 2344

Grade: Sahih (authentic) according to Al-Albani

Guidance of the Day

Ramadan is a merciful portal of time that opens and then closes, and none of us know whether or not we will see another Ramadan. So seize the moment to gain God's mercy, forgiveness and salvation. There is no capital more worthy of our concern and effort than this.

The time between late after-

noon and sunset is a special time for Dhikr. Asr time is the signaling of the end of another day we have been blessed to see, the sunset signifies the end of a life time. Ramadan is an exceptional opportunity to cleanse our hearts of the diseases of them. Recitation of the Quran during Ramadan is especially effective in reviving one's relationship with the book of God. (Purification of the heart)

Food for thought

The beauty of life does not depend on how happy we are, but how happy others can be because of us.



Save the date , Ladies only Modest Fashion Show Sat 14th Dec @3pm: Volunteers required contact events@ama-online.org.uk - More details in December Newsletter.

*What is Beautiful Patience? (continued from p1)***Patience is Not...**

However, there are certain things that patience is not. Patience is not to be defeated. It is not to be weak. It is not to take and accept abuse – but rather patience provides the balance between violent backlash and weak retreat. True patience comes with a mark of dignity.

When the Muslims were in a position of weakness in Makkah, a man (who was not Muslim) came to the Prophet asking him for help because Abu Jahl had borrowed money from him and was refusing to give it back. The Prophet did not tell the man that he should forego his right – what many would understand today as patience. Rather he went with the man to Abu Jahl and demanded that Abu Jahl return the money to the man.

The Rank of Patience

To be of the patient is to be of those whom God is with in His care and whom God loves. God tells us:

Allah is with the patient. (2: 153)

As well as:

And Allah loves the patient. (3: 146)

And this has practical and spiritual implications. If God is with you, then you are in His care, and if God loves you, He will show you that love. Imagine that God tells those who are patient:

Yes, if you remain patient and conscious of Allah and the enemy come upon you

[attacking] in rage, your Lord will reinforce you with five thousand angels having marks [of distinction] (3: 125)

The help of God is guaranteed. And to possess this characteristic is to possess a characteristic of the Prophets and the awliya' (those close to God). As Ibn Al-Qayyim tells us:

“God describes finding Prophet Job (peace be upon him) patient with his afflictions – and immediately after, Prophet Job is praised.”

Moreover, in looking at the internal component of patience, one only needs to look at the story of Prophet Jacob (peace be upon him). Jacob loses his two sons, but he never desponds. On the contrary, he said:

Perhaps Allah will bring them to me all together. Indeed it is He who is the Knowing, the Wise. (12: 83)

His secret was patience that was grounded in hope and a good opinion of God. It was that patience that allowed him to say:

I only complain of my suffering and my grief to Allah, and I know from Allah that which you do not know. (12: 86)

Persevere with Dignity & Certainty

When we manifest the meaning of patience, both internally and externally, we embody perseverance and determination. And for this we are given ultimate victory.

The Prophet Muhammad said:

And know that victory comes with patience. (At-Tirmidhi)

Many of us desire the quick-fix. We look at all the great problems around us and may feel hopeless. Perhaps in our spiritual journey, we feel that we are not progressing as we like, and so we give up. We may get angry at a bad behavior of people. But any victory must come with patience – and patience means persevering with dignity. And this is where certainty must come in.

Prophet Muhammad is telling us to know that victory will come with a proper manifestation of patience. Know that if you are working on yourself spiritually, you will be elevated if you persevere. Even if it takes years:

... for indeed, Allah does not allow to be lost the reward of those who do good (11: 115)

Know that if you are striving to get rid of drugs in your neighborhood, it will come to fruition. It might mean the patience of two generations, but your job is to plant the seed of certainty and determination. And know that if you apply this patience to whatever good that you do, God will give you victory.

So be patient; indeed, the [best] outcome is for the righteous. (11: 49)

May Allah help us to realize the true meaning of patience in our lives.



Macmillan Coffee Morning



Afternoon Tea at the Mosque

JOB ADVERT: SENIOR ADMINISTRATOR/ MANAGER GOVERNANCE & COMMUNICATIONS

This part time role will suit someone who enjoys flexible working, is able to demonstrate initiative, has excellent communication skills and has some experience of project management. If you would like to help a growing community develop its potential and are able to work effectively to tight deadlines with a challenging workload, this may be what you have been looking for!

The role is for 20--24 hours weekly. There is flexibility for working patterns though some evening and weekend work may be expected. The closing date for applications is 11th November 2019. The job description and Person specification is available on request from the email below. If you would like further information please email: CommunicationsAHMA@gmail.com



In the name of Allah, the Beneficent, the Merciful
Altrincham & Hale Muslim Association
 Registered Charity Number 1101378

Prayer Schedule November 2019

Day	Date	Fajr	Fajr Jama'at	Sunrise	Dhuhr	Dhuhr Jama'at	Asr	Asr Jama'at	Maghrib	Isha	Isha Jama'at
Fri	1	5:42	6:30	7:08	11:53	1:40	2:08	2:13	4:37	6:02	8:00
Sat	2	5:44	6:30	7:10	11:53	1:30	2:07	2:12	4:35	6:00	8:00
Sun	3	5:45	6:30	7:12	11:53	1:30	2:05	2:10	4:33	5:58	8:00
Mon	4	5:47	6:30	7:14	11:53	1:30	2:04	2:09	4:31	5:56	8:00
Tue	5	5:49	6:30	7:16	11:53	1:30	2:02	2:07	4:29	5:54	8:00
Wed	6	5:50	6:30	7:18	11:53	1:30	2:01	2:06	4:27	5:52	8:00
Thu	7	5:52	6:30	7:20	11:54	1:30	1:59	2:04	4:26	5:51	8:00
Fri	8	5:54	6:30	7:22	11:54	1:40	1:58	2:03	4:24	5:49	8:00
Sat	9	5:55	6:30	7:24	11:54	1:30	1:57	2:02	4:22	5:47	8:00
Sun	10	5:57	6:30	7:25	11:54	1:30	1:56	2:01	4:21	5:46	8:00
Mon	11	5:58	6:30	7:27	11:54	1:30	1:54	1:59	4:19	5:44	8:00
Tue	12	6:00	6:30	7:29	11:54	1:30	1:53	1:58	4:17	5:42	8:00
Wed	13	6:02	6:30	7:31	11:54	1:30	1:52	1:57	4:16	5:41	8:00
Thu	14	6:03	6:30	7:33	11:54	1:30	1:51	1:56	4:14	5:39	8:00
Fri	15	6:05	6:30	7:35	11:54	1:40	1:50	1:55	4:13	5:38	8:00
Sat	16	6:06	6:30	7:37	11:55	1:30	1:49	1:54	4:11	5:36	8:00
Sun	17	6:08	6:30	7:38	11:55	1:30	1:47	1:52	4:10	5:35	8:00
Mon	18	6:09	6:30	7:40	11:55	1:15	1:46	1:51	4:08	5:33	8:00
Tue	19	6:11	6:30	7:42	11:55	1:15	1:45	1:50	4:07	5:32	8:00
Wed	20	6:12	6:30	7:44	11:56	1:15	1:45	1:50	4:06	5:31	8:00
Thu	21	6:14	6:30	7:45	11:56	1:15	1:44	1:49	4:05	5:30	8:00
Fri	22	6:15	6:30	7:47	11:56	1:30	1:43	1:48	4:03	5:28	8:00
Sat	23	6:16	6:30	7:49	11:56	1:15	1:42	1:47	4:02	5:27	8:00
Sun	24	6:18	6:30	7:51	11:57	1:15	1:41	1:46	4:01	5:26	8:00
Mon	25	6:19	6:30	7:52	11:57	1:15	1:41	1:46	4:00	5:25	8:00
Tue	26	6:19	6:30	7:52	11:57	1:15	1:41	1:46	4:00	5:25	8:00
Wed	27	6:22	6:30	7:56	11:58	1:15	1:39	1:44	3:58	5:23	8:00
Thu	28	6:23	6:30	7:57	11:58	1:15	1:39	1:44	3:57	5:22	8:00
Fri	29	6:24	6:30	7:59	11:58	1:30	1:38	1:43	3:56	5:21	8:00
Sat	30	6:26	6:30	8:00	11:59	1:15	1:38	1:43	3:56	5:21	8:00
	Jummah Khutba will start at 1:00pm										